

# LAW SERVICES AND RESOURCES

<b>Emergency Phone Number</b>  911	<ul style="list-style-type: none"> <li>• Ambulance, fire department and police emergency services</li> </ul>
<b>Winnipeg Police Service</b>  204-986-6222 ( <i>non-emergency</i> )  <a href="http://www.winnipeg.ca/police">www.winnipeg.ca/police</a>	<ul style="list-style-type: none"> <li>• Phone for non-emergency situations that require the police (no immediate danger)</li> <li>• Online information about crime prevention, reporting, services and personal safety</li> </ul>
<b>Downtown Watch</b>  204-958-SAFE (7233)	<ul style="list-style-type: none"> <li>• Help people stay safe downtown</li> <li>• Call for a “SafeWalk” between 8:30 am and 11:30 pm to have someone walk with you for safety</li> </ul>
<b>Legal Help Centre</b> 202-393 Portage Avenue (Portage Place)  204- 258-3096  <a href="http://www.legalhelpcentre.ca">www.legalhelpcentre.ca</a>	<ul style="list-style-type: none"> <li>• Information and referrals when you think you have a legal problem</li> <li>• Answers, guidance and resources when you need legal help (drop in Tuesday and Friday between 1pm-4:30pm to talk with law students)</li> </ul>
<b>Community Legal Education Association (CLEA)</b> 301-441 Main Street  204-943-2382  <a href="http://www.communitylegal.mb.ca">www.communitylegal.mb.ca</a>	<ul style="list-style-type: none"> <li>• Free law phone-in and Lawyer Referral Program ( 204-943-2305). Leave a message</li> <li>• Information about laws and legal services</li> <li>• Empowering people to understand the law</li> </ul>
<b>Legal Aid</b> 400-287 Broadway  204-985-8500  <a href="http://www.legalaid.mb.ca">www.legalaid.mb.ca</a>	<ul style="list-style-type: none"> <li>• Free lawyers for people who are financially eligible (eligibility depends on total family income, for examples visit the website)</li> <li>• Help for people facing divorce, child custody, criminal charges and disputes involving social assistance, workers compensation or disability benefits, refugee status issues, rental issues</li> </ul>
<b>New Journey Housing</b> 200-305 Broadway  204-942-2238  <a href="mailto:info@newjourneyhousing.com">info@newjourneyhousing.com</a>  <a href="http://www.newjourneyhousing.com">www.newjourneyhousing.com</a>	<ul style="list-style-type: none"> <li>• Housing-related information, advice, support, and workshops for newcomers</li> <li>• Assists with applying for Manitoba Housing and Rent Assist</li> <li>• Home ownership counseling and information about budgeting</li> </ul>
<b>Rent Assist Program</b>  <a href="http://www.gov.mb.ca/fs/eia/rent_assist.html">www.gov.mb.ca/fs/eia/rent_assist.html</a> *“Rent Assist Estimator” tool tells you if you are eligible	<ul style="list-style-type: none"> <li>• A program to help low-income people to pay rent</li> <li>• Help depends on family income and cost of monthly rent</li> </ul>
<b>Residential Tenancies Branch</b> 1700 -155 Carlton Street  204-945-2476  <a href="mailto:rtb@gov.mb.ca">rtb@gov.mb.ca</a>  <a href="http://www.gov.mb.ca/cca/rtb">www.gov.mb.ca/cca/rtb</a>	<ul style="list-style-type: none"> <li>• Government office for information and advice about rental laws in Manitoba</li> <li>• Learn about your rights and responsibilities as a tenant</li> <li>• Investigates and mediates disagreements between landlords and tenants</li> </ul>
<b>Employment Standards Branch</b> 604 - 401 York Avenue  204-945-3352  <a href="mailto:employmentstandards@gov.mb.ca">employmentstandards@gov.mb.ca</a>  <a href="http://www.gov.mb.ca/labour/standards/">www.gov.mb.ca/labour/standards/</a>	<ul style="list-style-type: none"> <li>• Helps employees learn about their rights and responsibilities in the workplace</li> <li>• Information about employment regulations (minimum wage, overtime, general holidays, vacation and ending employment)</li> <li>• Investigate complaints and make sure employers follow the law</li> </ul>

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<b>Manitoba Public Insurance (MPI)</b> *7 locations in Winnipeg ☎ 204-985-7000 🌐 <a href="http://www.mpi.mb.ca">www.mpi.mb.ca</a>	<ul style="list-style-type: none"> <li>• Information about driver licencing and car insurance (Autopac)</li> <li>• Online driving tips and quizzes</li> </ul>
<b>Manitoba Human Rights Commission</b> 700-175 Hargrave Street ☎ 204-945-3007 ✉ <a href="mailto:hrc@gov.mb.ca">hrc@gov.mb.ca</a> 🌐 <a href="http://www.manitobahumanrights.ca">www.manitobahumanrights.ca</a>	<ul style="list-style-type: none"> <li>• Helps enforce the <i>Human Rights Code</i> which protects people from discrimination against their age, ethnic background or disability</li> <li>• Helps people with human rights complaints</li> <li>• Contact Beatrice Watson ☎ 204-945-7653</li> </ul>
<b>A Woman's Place</b> 200-323 Portage Avenue ☎ 204-940-6624 🌐 <a href="http://www.norwestcoop.ca/mind-spirit/a-womans-place">www.norwestcoop.ca/mind-spirit/a-womans-place</a>	<ul style="list-style-type: none"> <li>• Legal services for women who are in or leaving abusive relationships</li> <li>• Free legal services with short waiting times (within a week)</li> <li>• Help to find housing, clothing, or furniture</li> </ul>
<b>Child and Family Services (CFS): Child and Family All Nations Coordinated Response Network (ANCR)</b> 835 Portage Avenue ☎ 204-944-4200 🌐 <a href="http://www.ancr.ca">www.ancr.ca</a>	<ul style="list-style-type: none"> <li>• Ensures the safety and well-being of children</li> <li>• Help for families having problems with children (concerns, safety, or abuse)</li> <li>• Crisis unit responds to urgent child safety situations</li> <li>• The Early Intervention Program helps families stay together while ensuring well-being of children</li> <li>• Family Resource Centre (1008 Wall Street, ☎ 204-944-4268)</li> </ul>
<b>Family Dynamics</b> 401-393 Portage Avenue (Portage Place) ☎ 204-947-1401 ✉ <a href="mailto:info@familydynamics.ca">info@familydynamics.ca</a> 🌐 <a href="http://www.familydynamics.ca">www.familydynamics.ca</a>	<ul style="list-style-type: none"> <li>• Family supports and resource centres</li> <li>• Counselling and parenting help</li> <li>• Programs for refugee families</li> </ul>
<b>MOSAIC Newcomer Family Resource Network</b> 397 Carlton Street ☎ 204-774-7311 ✉ <a href="mailto:mosaicinfo@mosaicnet.ca">mosaicinfo@mosaicnet.ca</a> 🌐 <a href="http://www.mosaicnet.ca">www.mosaicnet.ca</a> *5 locations in Winnipeg	<ul style="list-style-type: none"> <li>• "Nobody's Perfect" Parent Groups and parenting programs</li> <li>• Family literacy reading with your kids</li> <li>• Help for newcomers to adjust to life in Canada so that they can become active members of their new community (child-minding available)</li> </ul>
<b>Parenting Websites:</b> 🌐 <a href="http://www.en.beststart.org/for_parents">www.en.beststart.org/for_parents</a> 🌐 <a href="http://www.welcomehere.ca">www.welcomehere.ca</a> 🌐 <a href="http://www.manitobaparentzone.ca">www.manitobaparentzone.ca</a> 🌐 <a href="http://www.familyabusedvd.ca">www.familyabusedvd.ca</a>	<ul style="list-style-type: none"> <li>• Resources for parents</li> <li>• Tips for positive parenting</li> <li>• Some multi-lingual information</li> </ul>
<b>Immigration, Refugees, and Citizenship Canada</b> 400-269 Main Street ☎ 1-888-242-2100	<ul style="list-style-type: none"> <li>• Questions about immigration application or documents</li> </ul>
<b>Immigration Websites:</b> 🌐 <a href="http://www.cic.gc.ca">www.cic.gc.ca</a> 🌐 <a href="http://www.immigratemanitoba.com">www.immigratemanitoba.com</a> 🌐 <a href="http://www.refugeeclaim.ca">www.refugeeclaim.ca</a>	<ul style="list-style-type: none"> <li>• Information about immigrating to Canada or Manitoba</li> </ul>
<b>If you move ...</b> 🌐 <a href="http://www.manitobaaddresschange.ca/">www.manitobaaddresschange.ca/</a>	<ul style="list-style-type: none"> <li>• Save time when you need to change your address; choose which organizations you want to notify</li> </ul>

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Entry Program