

# JOB SEARCH STRATEGIES

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## 1 JOB SEARCH

### ONLINE NEWSPAPERS

#### WINNIPEG AREA

Winnipeg Free Press (Daily) <http://www.winnipegfreepress.com/>  
The Winnipeg Sun (Daily) <http://www.winnipegsun.com/>  
The Herald (Weekly) <http://www.winnipegfreepress.com/our-communities/herald/>  
The Lance (Weekly) <http://www.winnipegfreepress.com/our-communities/lance/>  
Metro (Weekly) <http://www.themetro.mb.ca/>  
Manitoba Co-operator (Weekly) <http://www.manitobacooperator.ca/>  
The Manitoban (Weekly during academic year) <http://www.themanitoban.com/>  
Winnipeg Real Estate News (Weekly) <http://www.winnipegrealestatenews.com/>

#### OTHER SPECIALTIES

Ang Peryodiko (Filipino/English) (2x/month) <http://www.angperydiko.ca/>  
Grassroots News (Weekly) <http://www.grassrootsnews.mb.ca/>  
The Filipino Journal (English/Filipino) (bi-weekly) <http://www.filipinojournal.com/>  
OutWords Inc. (Gay Monthly) <http://www.outwords.ca/>  
Russian Winnipeg (Daily news online) <http://www.russianwinnipeg.org/>  
The Aquarian (Quarterly) <http://www.aquarianonline.com/>

#### RURAL MANITOBA

Brandon Sun (Daily) <http://www.brandonsun.com/>  
Portage Daily Graphic (Daily) <http://www.portagedailygraphic.com/>  
Altona Red River Valley Echo (Weekly) <http://www.altonaecho.com/>  
Baldur-Glenboro Gazette (Weekly) <http://www.baldur-glenborogazette.ca/>  
The Boissevain Recorder (Weekly) <http://www.boissevainrecorder.mb.ca/>  
Wheat City Journal (Brandon Weekly) <http://www.wheatcityjournal.ca/>  
The Quill (Brandon University - Biweekly during academic year) <http://www.thequill.ca>  
The Carillon (Steinbach - Weekly) <http://www.thecarillon.com/>  
The Carberry News-Express (Weekly) <http://www.carberrynews.ca/>  
Carman Valley Leader (Weekly) <http://www.carmanvalleyleader.com/>  
Crossroads This Week (Shoal Lake - Weekly) <http://www.crossroadsthisweek.com/>  
The Clipper Weekly (Beausejour, Eastman - Weekly) <http://www.clipper.mb.ca/>  
The Dauphin Herald (Weekly) <http://www.dauphinherald.com/>  
The Dawson Trail Dispatch (Weekly) <http://www.dawsontrail.ca>  
The Drum (Aboriginal - Monthly) \ The First Perspective (Aboriginal - Monthly) <http://www.firstperspective.ca/>  
The Exponent (Grandview and Gilbert Plains) <http://www.grandviewexponent.com/>  
The Interlake Spectator (Gimli) <http://www.interlakespectator.com/>  
Lac du Bonnet Leader (Weekly) <http://www.lacdubonnetleader.com/>  
The Minnedosa Tribune (Weekly) <http://www.minnedosatribune.com/>  
Morden Times (Weekly) <http://www.mordentimes.com/>

The Neepawa Press (Weekly) <http://www.neepawapress.com/>  
The Review (Beausejour) <http://www.beausejourreview.com/>  
The Russell Banner <http://www.russellbanner.com/>  
Selkirk Journal (Weekly) <http://www.selkirkjournal.com/>  
The Sentinel Courier (Pilot Mound - Weekly) <http://www.sentinelcourier.com/>  
Southern Manitoba Review (Weekly) <http://www.southernmanitobareview.com/>  
The Stonewall Argus and Teulon Times (Weekly) <http://www.boewsnet.com/stonewallargus>  
The Stonewall Argus & Teulon  
Times (Weekly) <http://www.interlaketoday.ca/stonewallargusteulontimes>  
Thompson Citizen (Weekly) <http://www.thompsoncitizen.net/>  
The Underground Press (Snow Lake - Monthly) <http://www.undergroundpress.ca/>  
The Valley Leader (Carman) <http://www.pembinatoday.ca/carmanvalleyleader>  
Winkler Times <http://www.winklertimes.com/>

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### NATIONAL NEWSPAPERS

The Globe and Mail <http://www.globeandmail.com/>  
The National Post <http://www.nationalpost.ca/>  
RBC Financial Group - Publications <http://www.rbc.com/publications/index.html>

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### INDUSTRY NEWS

Manitoba Community Newspapers Association <http://www.mcna.com/>

### JOB SEARCH WEBSITES

About.com <http://jobsearch.about.com>  
All Star Jobs <http://www.allstarjobs.ca/>  
Best Jobs Canada [www.bestjobsca.com](http://www.bestjobsca.com)  
Brandon Economic Development <http://economicdevelopmentbrandon.com/employment-opportunities-live>  
Brandon Employment <http://jobbank.brandon.ca/>  
Brandon Jobs <http://brandonjobs.com/>  
Career Builder [www.careerbuilder.ca](http://www.careerbuilder.ca)  
Career Cast [www.careercast.com](http://www.careercast.com)  
Career Owl [www.careerowl.ca](http://www.careerowl.ca)  
Driver Link [www.driverlink.com](http://www.driverlink.com)  
Eluta [www.eluta.ca](http://www.eluta.ca)  
Government of Canada <http://jobs-emploi.gc.ca/index-eng.htm>  
Indeed <http://indeed.ca/>  
Job Bank <http://www.jobbank.gc.ca/home-eng.do?lang=eng>  
Job Rapido [www.job-rapido.ca](http://www.job-rapido.ca)  
Jobs.ca [www.jobs.ca](http://www.jobs.ca)  
Manitoba Government Jobs <http://www.gov.mb.ca/govjobs/>  
Manitoba Jobs <http://www.mbjobs.ca/>  
Manitoba Local JobShop <http://manitoba.localjobshop.ca/>  
Monster Board Canada [www.monster.ca](http://www.monster.ca)

Nuevoo <http://neuvoo.ca/en>  
Third Quarter <http://www.thirdquarter.ca/>  
Workopolis <http://www.workopolis.com/>  
Wow Jobs [www.wowjobs.ca](http://www.wowjobs.ca)

### VOLUNTEERING

Volunteer Manitoba Inc. <http://volunteermanitoba.ca/>  
ACI Manitoba <http://www.creativemanitoba.ca/jobs-opportunities/volunteer-opportunities>  
Awana <http://www.awanacanada.ca/canada/volunteer>  
Canadian Diabetes Association <https://www.diabetes.ca/how-you-can-help/volunteer>  
City of Winnipeg <http://winnipeg.ca/cms/volunteers.stm>  
College of Registered Nurses Manitoba <https://www.crnmb.ca/about/opportunities>  
Immigrant Center <http://icmanitoba.com/services/volunteer-services/>  
Palliative Manitoba <http://palliativemanitoba.ca/volunteers/volunteer-opportunities/>  
Red Cross Canada [http://www.redcross.ca/volunteer/volunteer-with-us?gclid=CKvD55bM\\_MgCFYQ8aQod1OUCQQ](http://www.redcross.ca/volunteer/volunteer-with-us?gclid=CKvD55bM_MgCFYQ8aQod1OUCQQ)  
The Manitoba Museum <https://manitobamuseum.ca/main/support/careers-volunteer/current-volunteer-opportunities/>  
United Way Winnipeg <http://unitedwaywinnipeg.ca/how-you-can-help/volunteer/>  
Volunteers in Public Service (VIPS) <http://www.gov.mb.ca/cyo/youth/leadership/vips.html>  
Winnipeg Harvest <http://winnipegharvest.org/paid-and-non-paid-opportunities/>  
Winnipeg Regional Health Authorities <http://www.wrha.mb.ca/careers/volunteer/opportunities.php>

### RECRUITING AGENCIES

David Aplin Group <http://www.aplin.com/> 204-235-0000  
Drake International <https://ca.drakeintl.com/> 204- 947-0077  
Houston Recruiting Services Ltd <http://www.houstongrp.com> 204-947-6751  
Manpower <http://www.manpower.ca> 204-949-7800  
Mercer Bradley <http://www.mercerbradley.com/> 204-272-6054  
People First HR Services Ltd <http://www.peoplefirsthr.com/home> 204-940-3900  
Pinnacle <http://pinnacle.jobs/> 204-943-8649  
Randstad <http://www.randstad.ca/> 204- 942-1208  
Robert Half Finance & Accounting <http://www.roberthalf.com/finance> 204-957-7110  
Staffmax <http://www.staffmax.ca> 204-956-7090  
Summit Search Group <http://www.summitsearchgroup.com/> 204-957-5500  
Talentcor <http://www.talentcor.com/> 204-772-5040  
The Headhunters Winnipeg <http://www.theheadhunters.ca/> 204- 515-0800  
TRUE NORTH Finance & Accounting <http://www.truenorthrecruiting.ca/> 204-275-8441

## 2 PROFESSIONAL ORGANIZATIONS AND REGULATORY BODIES

### REGULATED PROFESSIONS

#### LAWS AND REGULATIONS

Employment Standards Manitoba <http://www.gov.mb.ca/labour/standards>  
Office of the Manitoba Fairness  
Commissioner <http://www.manitobafairnesscommissioner.ca/> 204-945-7353  
Workers Compensation Board of Manitoba <http://www.wcb.mb.ca/> 204-954-4321  
Canada Revenue Agency <http://www.cra-arc.gc.ca/> 204-984-5164  
Employment and Income Assistance (EIA) <http://www.gov.mb.ca/jec/eia/> 204- 948-4000, 1-877-812-0014

#### ACCOUNTANCY AND FINANCE

Chartered Professional Accountants Manitoba (Regulatory Body) <http://go.cpamb.ca/> 204-943-1538 ; 1-800-841-7148  
CFA Society Winnipeg (Chartered Financial Analysts) <https://www.cfasociety.org/winnipeg> 204-471-3640  
Asper School of Business Accounting Association (ASBAA) <http://asbaa.ca/>

#### AGROLOGY AND TECHNICAL AGROLOGY

Manitoba Institute of Agrologists (MIA) (Regulatory Body) <https://secure.mia.mb.ca/default.aspx> 204-275-3721  
Internationally Educated Agrologists Post-Baccalaureate Diploma Program (IEAP) <http://umanitoba.ca/afs/ieap/>  
Manitoba Agricultural Services Corporation (MASC) <http://www.masc.mb.ca> 204-239-3246  
Manitoba Agriculture, Food and Rural Development (MAFRD) <http://www.manitoba.ca/agriculture/contact/index.html>

#### ARCHITECTURE

Manitoba Association of Architects (MAA) (Regulatory Body) <http://www.mbarchitects.org/> 204-925-4620  
Canadian Architectural Certification Board (CACB) <http://www.cacb-ccca.ca/>  
Royal Architectural Institute of Canada (RAIC) <https://www.raic.org/>

#### EARLY CHILDHOOD EDUCATION

Manitoba Early Learning and Child Care (MELCC) (Regulatory Body) [www.gov.mb.ca/fs/childcare](http://www.gov.mb.ca/fs/childcare)  
Manitoba Child Care Association (MCCA) <http://mccahouse.org/> 204-586-8587  
Canadian Child Care Federation <http://www.cccf-fcsge.ca/>

#### ENGINEERING AND APPLIED SCIENCE

Association of Professional Engineers and Geoscientists of Manitoba (APEGM) (Regulatory Body) [www.apegm.mb.ca](http://www.apegm.mb.ca) 204- 474-2736, 1- 866- 227-9600  
Certified Technicians and Technologists Association of Manitoba (Regulatory

Body) <http://www.cttam.com/> 204-784-1088  
Canadian Academy of Engineering (CAE) <http://www.acad-eng-gen.ca/>  
Canadian Federation of Engineering Students (CFES) <http://cfes.ca/>  
Engineering Institute of Canada (EIC) <http://eic-ici.ca/>  
Engineers Canada <https://www.engineerscanada.ca/> 613-232-2474 (Ottawa), 1-877-408-9273

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### HEALTHCARE

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#### ALL HEALTH CARE PROFESSIONALS

Manitoba Association of Health Care Professionals (MAHCP) <http://mahcp.ca/> 204-772-0425  
Audiology and Speech – Language Pathology  
College of Audiologists and Speech – Language Pathologists of Manitoba (Regulatory Body) <http://caslpm.ca> 204-453-4539

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#### DENTISTRY, DENTURISM AND DENTAL HYGIENE

Manitoba Dental Association (Regulatory Body) <http://www.manitobadentist.ca/> 204-988-5300  
Manitoba Dental Hygienists Association (MDHA) <http://www.site.mdha.ca/> 204- 981-7327  
College of Dental Hygienists of Manitoba (Regulatory Body) <http://www.cdhm.info/> 204-219-2678  
Denturist Association of Manitoba (Regulatory Body) <http://www.denturistmb.org/>

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#### DIETETICS

College of Dietitians of Manitoba (CDM) (Regulatory Body) [www.manitobadietitians.ca](http://www.manitobadietitians.ca) 204-694-0532; 1-866-283-2823  
Dietitians of Canada <http://www.dietitians.ca/> , <https://www.facebook.com/DietitiansCAN>

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#### MEDICAL PRACTICE, THERAPY, PHYSIOTHERAPY AND CHIROPRACTIC

College of Physicians and Surgeons of Manitoba (Regulatory Body) <http://cpsm.mb.ca/> 204-774-4344  
Manitoba Athletic Therapists' Association (MATA) (Regulatory Body) <http://www.mata.mb.ca/> 204-925-5930  
College of Physiotherapists of Manitoba (Regulatory Body) <http://www.manitobaphysio.com/> 204- 287-8502  
Manitoba Chiropractors Association (Regulatory Body) <http://www.mbchiro.org/> 204-942-3000

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#### MEDICAL TECHNOLOGY

Canadian Association of Medical Radiation Technologists (CAMRT) (Regulatory Body) <http://www.camrt.ca/> 613-234-0012 (Ottawa, ON) , 1-800-463-9729  
College of Medical Laboratory Technologists of Manitoba (Regulatory Body) <http://www.cmltm.ca/> 204-231-0311

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#### MIDWIFERY

College of Midwives of Manitoba (Regulatory Body) <http://www.midwives.mb.ca/> 204-783-4520

## **NATUROPATHIC MEDICINE**

Canadian Association of Naturopathic Doctors (CAND) <http://www.cand.ca/> 416-496-8633

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## **NURSING**

College of Registered Nurses of Manitoba (Regulatory Body) <https://www.crnmb.ca> 204-774-3477, 1-800-665-2027

College of Licensed Practical Nurses of Manitoba (CLPNM) (Regulatory Body)  
) <http://clpnm.ca> 204-663-1212

College of Registered Psychiatric Nurses of Manitoba (CRPNM) (Regulatory Body)  
) <http://crpnm.mb.ca/> 204-888 - 4841

Philippine Nurses Association of Manitoba <https://www.facebook.com/groups/PNAMinc/?fref=ts>  
Manitoba Nursing Informatics Association <http://www.mnia.ca/>

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## **OCCUPATIONAL THERAPY**

College of Occupational Therapists of Manitoba (COTM) (Regulatory Body )  
[www.cotm.ca](http://www.cotm.ca) 204-957-1214 , 1-866-957-1214

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## **OPTICIANRY AND OPTOMETRY**

Opticians of Manitoba (OOM) (Regulatory Body ) <http://www.opticiansofmanitoba.ca/> 204-222-8404

Canadian Association of Optometrists (CAO) (Regulatory Body ) <https://opto.ca/> 1-613-235-7924 (Ottawa, ON), 1-888-263-4676

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## **PARAMEDICINE**

Paramedic Association of Manitoba <http://www.paramedicsofmanitoba.ca/> 1-866-726-1210

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## **PHARMACY**

College of Pharmacists of Manitoba (Regulatory Body ) <http://mpha.in1touch.org/> 204-233-1411

Pharmacists Manitoba- Manitoba Society of Pharmacists <http://www.msp.mb.ca/> 204-956-6680, 1-800-677-7170

Canadian Generic Pharmaceutical Association <http://www.canadiangenerics.ca/> 416-223-2333 (Toronto, ON)

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## **PODIATRY**

College of Podiatrists of Manitoba (Regulatory Body ) <http://www.copom.org/> 204-942-3256

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## **PSYCHOLOGY**

Psychological Association of Manitoba (PAM) (Regulatory Body ) <http://www.cpmb.ca/> 204-487-0784

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## **RESPIRATORY THERAPY**

Manitoba Association of Registered Respiratory Therapists (Regulatory Body )  
<http://www.marrrt.org/> 204-944-8081

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## LAND SURVEYING

Association of Manitoba Land Surveyors (AMLS) (Regulatory Body ) [www.amls.ca](http://www.amls.ca) 204-943-6972

Association of Canada Lands Surveyors (ACLS) (Regulatory Body ) <https://www.acls-aatc.ca> 613- 723-9200 (Ottawa)

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## LAW

Law Society of Manitoba (Regulatory Body ) [www.lawsociety.mb.ca](http://www.lawsociety.mb.ca) 204-942-5571

Manitoba Bar Association <http://cba-mb.ca/> 204-927-1210

Criminal Defence Lawyers Association (Manitoba) <http://www.cdiam.ca/>

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## TEACHING

Professional Certification and Student Records Unit (PCSRU) (Regulatory Body)[www.edu.gov.mb.ca/k12/profcert/index.html](http://www.edu.gov.mb.ca/k12/profcert/index.html) 204-773-2998, 1-800-667-2378

Manitoba Teachers' Society <http://www.mbteach.org/mtshome.htm> 204-888-7961

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## TRADES

### RESOURCES FOR ALL TRADES PROFESSIONALS

Apprenticeship Manitoba <http://www.apprenticemanitoba.ca> 204- 945-3337 ; 1-877-978-7233

Red Seal <http://www.red-seal.ca/>

Office of the Manitoba Fairness

Commissioner <http://www.manitobafairnesscommissioner.ca/> 204-945-7353

Trade Up Manitoba <http://www.tradeupmanitoba.com/careers> 204-272 - 5091

Manitoba Institute of Trades and Technology (MITT) <http://mitt.ca/> 204-989-6500

Youth Apprenticeship

Programs <http://www.gov.mb.ca/wdis/apprenticeship/discover/youth/index.html>

Workers Compensation Board of Manitoba <http://www.wcb.mb.ca/> 204-954-4321

Employment Standards Manitoba <http://www.gov.mb.ca/labour/standards>

Canada Revenue Agency <http://www.cra-arc.gc.ca/> 204-984-5164

Employment and Income Assistance (EIA) <http://www.gov.mb.ca/jec/eia/> 204- 948-4000, 1-877-812-0014

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### AGRICULTURAL MACHINERY

Agricultural Manufacturers of Canada AMC <http://www.a-m-c.ca> 306-522-2710 (Regina, SK)

Manitoba Agricultural Services Corporation (MASC) [www.masc.mb.ca/](http://www.masc.mb.ca/) 204-736-5010

Manitoba Agriculture, Food and Rural Development (MAFRD) [www.gov.mb.ca/agriculture](http://www.gov.mb.ca/agriculture)

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### AEROSPACE AND AVIATION

Manitoba Aviation Council <http://manitobaaviationcouncil.net/> 204-774-2580

Manitoba Aerospace Association (MAA) <http://mbaerospace.ca/maa> 204-799-7660

Civil Air Search and Rescue Association – Manitoba <http://casaraman.org/>

Aerospace Industries Association of Canada (AIAC) <http://www.aiac.ca/> 613-232-4297(Ottawa, ON)

## AUTO INDUSTRY

Automotive Trades Association Manitoba <http://atamb.ca/> 204-475-3235  
Manitoba Association of Automobile Clubs <http://www.maac.cc/> 204-770-2458  
CAA Manitoba <https://www.caamanitoba.com/automotive> 204-262-6000  
Automotive Industries Association (AIA) of Canada <http://www.aiacanada.com/> 613-728-5821  
Manitoba Motor Dealers Association <http://mmda.mb.ca/> 204-985-4200  
Manitoba Used Car Dealers Association <http://www.mucda.mb.ca/> 204-254-1891  
Automotive Recyclers Association of Manitoba <http://arm.mb.ca/> 204 667-7882  
Sobering Automotive Centre Ltd <http://www.soberingauto.com/> 204- 661–8525  
National Automotive Trades Association (NATA) <http://www.natacanada.ca/> 604-432-7987  
(Burnaby, BC)  
Collision Industry Information  
Assistance <http://www.ciia.com/provinces/manitoba/manitoba.html>  
Automotive Parts Manufacturers' Association (APMA) <https://apma.ca/> 416-620-4220 (Toronto, ON)  
Canadian Vehicle Manufacturers' Association (CVMA) <http://www.cvma.ca/> 1-800-758-7122

## BOILER MAKING

Lodge 555 - International Brotherhood of Boilermakers <http://555.boilermaker.ca> 204-987-9200  
Boilermaker Contractors' Association of Canada (BCA) <http://www.bcacanada.ca/> 905-684-2244 (St. Catharines, ON), 780-450-8885 (Edmonton, AB)

## BRICKLAYING AND MASONRY

Manitoba Masonry Institute [www.manitobamasonry.ca](http://www.manitobamasonry.ca) 204-949-0688  
International Union of Bricklayers and Allied Craftworkers <http://www.bacweb.org> 204-694-0135

## CABINET MAKING

Canadian Kitchen Cabinet Association (CKCA) <http://www.ckca.ca/> 613-692-5858 (Nepean, ON)  
Manitoba Home Builders' Association (MHBA) <http://www.homebuilders.mb.ca/> 204- 925-2560

## CARPENTRY AND MILLWRIGHTING

Prairie Arctic Regional Council of Carpenters, Drywallers, Millwrights, and Allied Workers (PARC) <http://www.myparc.ca/> 204-774-1609  
Winnipeg Construction Association (WCA) <https://www.winnipegconstruction.ca/> 204-775-8664  
United Brotherhood Of Carpenters & Joiners  
Winnipeg <https://www.carpenters.org/Home.aspx> 204-774-1609

## CNC MACHINERY

Canadian Tooling and Machining Association <http://ctma.com> 519- 653-7265 (Cambridge, ON)  
Manitoba Aerospace Association (MAA) <http://mbaerospace.ca/maa> 204-799-7660

Automotive Parts Manufacturers' Association (APMA) <https://apma.ca/> 416-620-4220 (Toronto, ON)

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### CONSTRUCTION AND HEAVY CONSTRUCTION INDUSTRY

Winnipeg Construction Association (WCA) <https://www.winnipegconstruction.ca/> 204-775-8664

Manitoba Heavy Construction Association (MHCA) <http://www.mhca.mb.ca/> 204-947-1379

Manitoba Ready Mix Concrete Association (MRMCA) <http://www.mrmca.com/> 204-667 8539

Manitoba Chapter of the American Concrete Institute <http://www.acimanitoba.ca/index.html>

Manitoba Wall & Ceiling Association (MWCA) <http://www.mwca.ca/> 204-772-1700

Electric Association of Manitoba <http://www.manitobaelectricalleague.ca> 204-783-4125

Canadian Electrical Contractors Association <http://www.ceca.org/> 416-675-3226 (Toronto, ON)

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### COOKING AND CULINARY ARTS

Winnipeg Branch of the Canadian Culinary Federation <http://winnipegchefs.org/>

Manitoba Restaurant Association <http://www.mrfa.mb.ca/> 204-783-9955

Canadian Culinary Federation <http://ccfcc.ca/>

Restaurants Canada <https://restaurantscanada.org/> 416-923-8416 (Toronto, ON), Toll-free: 1-800-387-5649

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### DIESEL AND POWER INDUSTRY

Association of Diesel Specialists <http://diesel.org/>

Canadian Association of Oilwell Drilling Contractors (CAODC) <http://www.rigtech.ca/>

Manitoba Heavy Construction Association (MHCA) <http://www.mhca.mb.ca/> 204-947-1379

Mining Association of Manitoba <http://www.mines.ca/> 204-989-1890

National Drilling Association <http://www.nda4u.com/> 1-877-632-4748

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### ELECTRIC MOTOR SYSTEMS INDUSTRY

Electrical Association of Manitoba <http://www.manitobaelectricalleague.ca/> 204-783-4125

Manitoba Electric Vehicle Association (MEVA) <http://manitobaev.ca/>

Electrical Apparatus Service Association, Inc. (EASA) <http://www.easa.com/>

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### ELECTROLYSIS

Federation of Canadian Electrolysis Associations <http://www.fcea.org/> 1-888-333-2783

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### ERECTORS AND CONSTRUCTORS

Metal Building Contractors and Erectors Association (MBCEA) <http://www.mbcea.org/>

Manitoba Construction Sector Council <https://www.mbcsc.com/> 204 272-5091

Construction Safety Association of Manitoba (CSAM) <http://www.constructionsafety.ca/> 204-775-3171

Construction Association of Rural Manitoba <http://www.carm.ca/> 204- 727-4567, Toll Free: 1-800-798-7483

Manitoba Building Trades <http://www.mbtrades.ca> 204-956-7425

Winnipeg Construction Association (WCA) <https://www.winnipegconstruction.ca/> 204-775-8664

## ESTHETICS AND AESTHETICS

CIDESCO Canada - Association of Professional Estheticians <http://www.cidesco-canada.com/>  
SPA Industry Association of Canada (SIAC) <http://www.spaindustry.ca/> 1 800 704 6393  
Canadian Aesthetics Association (CAA) <http://www.canadianaesthetics.ca/>

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## FLOOR COVERING INSTALLMENT

Canadian Flooring Cleaning & Restoration Association <http://cfcra.ca/> , 905-822-2280  
(Burlington, ON)  
The Flooring Contractors Association <https://www.fcica.com/>

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## GLASS INDUSTRY

Canadian Glass Association <http://canadianglassassociation.com/>  
Insulating Glass Manufacturers Alliance (IGMA) <http://www.igmaonline.org/>  
Glass Canada Magazine <http://www.glasscanadamag.com/> 1-888-599-2228

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## HAIRSTYLE

Manitoba Hairstylists' Association <http://www.manitobahairstylists.com/> 204-775-8633  
Allied Beauty Association (ABA) <http://www.abacanada.com/> 1-800-268-6644  
Heating, Refrigeration and Air Conditioning  
Heating, Refrigeration and Air Conditioning Institute of Canada (HRAI) <http://www.hrai.ca/>  
Mechanical Contractors Association of Manitoba (MCAM) <https://www.mca-mb.com/> 204-774-2404

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## HEAVY EQUIPMENT INDUSTRY

Heavy Equipment and Aggregate Truckers Association of Manitoba Inc. <http://heatmb.ca/> 204-654-9426  
Construction Safety Association of Manitoba (CSAM) <http://www.constructionsafety.ca/> 204-775-3171  
Manitoba Heavy Construction Association (MHCA) <http://www.mhca.mb.ca/> 204-947-1379

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## INSTRUMENTATION AND AUTOMATION

Canadian Process Control Association <http://www.cPCA-assoc.com/> 905-844-6822 Insulation  
(Heat and Frost)  
International Association of Heat and Frost Insulators and Asbestos Workers – Local  
99 <http://www.heatandfrostinsulators.ca/>  
Thermal Insulation Association of Canada <http://www.tiac.ca/>  
International Association of Heat and Frost Insulators and Allied  
Workers <http://www.insulators.org/>

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## IRONWORK

Ironworkers Union Local #728 <http://www.ironworkers728.com/> 204-783-7853

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## LANDSCAPE HORTICULTURE

Landscape Manitoba <http://www.landscapemanitoba.com/> 204-504-7732

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## **MACHINERY**

International Association of Machinists and Aerospace Workers  
(IAM) <http://www.iamaw.ca/> 416-386-1789 (Toronto, ON)

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## **MARINE INDUSTRY**

Mid-Canada Marine and Powersports Dealers Association <http://mmpda.ca/> 1-888-791-6684  
(Winnipeg, MB)  
National Marine Manufacturers Association <http://www.nmma.ca/> 905-951-2265 (Bolton, ON)

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## **PAINTING AND DECORATION**

The Master Painters and Decorators Association (MPDA) <http://paintinfo.com/assoc/mpda/>  
The Manitoba Professional Painting Contractors Association (MPPCA) 204-786-7879  
Finishing Contractors' Association (FCA) <http://www.finishingcontractors.org/>  
Canadian Paint and Coatings Association (CPCA) <http://www.canpaint.com/> 613-231-3604  
(Ottawa, ON)

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## **PLUMBING, PIPEFITTING AND SPRINKLER SYSTEM INSTALLATION**

Canadian Automatic Sprinkler Association (CASA) <http://www.casa-firesprinkler.org/> 905-477-2270 (Markham, ON)  
Plumbers And Pipefitters Local Union 254 <http://www.ualocal254.ca/> 204-947-0497  
Winnipeg Construction Association (WCA) <https://www.winnipegconstruction.ca/> 204-775-8664  
United Association of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry (UA) <http://www.ua.org/>  
Mechanical Contractors Association of Manitoba (MCAM) <https://www.mca-mb.com/> 204-774-2404

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## **PORK PRODUCTION**

Manitoba Pork <http://manitobapork.com/> 204-237-7447  
Canadian Meat Council <http://www.cmc-cvc.com/> 613-729-3911

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## **ROOFING**

Roofing Contractors Association of Manitoba (RCAM) <http://www.rcam.ca/> 204-783-6365  
Manitoba Shingling Contractors Association <http://www.manitobashingling.ca/> 204-795-1247  
Canadian Roofing Contractors' Association (CRCA) <http://www.roofingcanada.com/> 1-800-461-2722, 613-232-6724 (Ottawa, ON)

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## **TOOL AND DIE MAKING**

Canadian Tooling and Machining Association <http://ctma.com> 519-653-7265 (Cambridge, ON)  
Canadian Manufacturing Coalition <http://www.manufacturingourfuture.ca/>  
Canadian Association of Moldmakers (CAMM) <http://www.camm.ca/> 519-255-7863 (Windsor, ON)

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## **TRUCKING AND TRANSPORTATION**

Heavy Equipment and Aggregate Truckers Association of Manitoba Inc. <http://heatmb.ca/> 204-654-9426

Railway Association of Canada (RAC) <http://www.railcan.ca/>

Manitoba Trucking Association (MTA) <https://www.trucking.mb.ca/> 204-632-6600

Canadian Association of Railway Suppliers (CARS) <http://www.railwaysuppliers.ca/> 613-237-3888

Canadian Transportation Equipment Association (CTEA) <http://www.ctea.ca/>

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### WATER AND WASTEWATER

Manitoba Waste and Wastewater Association <http://www.mwwa.net/> 204-239-6868

Western Canada Water <http://wcwwa.ca/> 1-877-283-2003

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### WELDING

Canadian Welding Association <http://www.cwa-acs.org/> 1-800-844-6790

Canadian Welding Bureau <https://www.cwbgroup.org/> 1-800-844-6790

Plumbers And Pipefitters Local Union 254 <http://www.ualocal254.ca/> 204-947-0497

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### VETERINARY

Manitoba Veterinary Medical Association (MVMA) (Regulatory Body ) [www.mvma.ca](http://www.mvma.ca) 204-832-1276 , 1-866-338-6862

Canadian Veterinary Medical Association <https://www.canadianveterinarians.net/> 613-236-1162 (Ottawa, ON)

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### ALTERNATIVE CAREERS

Canadian Bar Association

[http://www.cba.org/CBA/PracticeLink/careerbuilders\\_advancement/alternatives.aspx](http://www.cba.org/CBA/PracticeLink/careerbuilders_advancement/alternatives.aspx)

Career Transitions for medical Doctors <http://www.imd-info.ca/homepage.htm>

Foreign Qualification Recognition and Alternative Careers by LIM Consulting

Associates <http://novascotia.ca/lae/RplLabourMobility/documents/AlternativeCareersResearchReport.pdf>

Manitoba Career Development: Newcomer - How Do I Find Employment in

Manitoba [http://www.manitobacareerdevelopment.ca/CDI/newcomer\\_find\\_employment.html](http://www.manitobacareerdevelopment.ca/CDI/newcomer_find_employment.html)

National Association of Career Colleges <http://nacc.ca/alternative-career-pathways/acp/>

Settlement Org Alternative careers <http://settlement.org/alternative-jobs/>

## 3 EDUCATION

### COLLEGES AND UNIVERSITIES

Assiniboine Community College <http://public.assiniboine.net/> 204-725-8700 Brandon, Dauphin, Russel, Winnipeg, Rural Rotating Sites

Booth University College [www.boothuc.ca/](http://www.boothuc.ca/) 204-947-6701 Winnipeg

Brandon University <https://www.brandonu.ca/> 204-728-9520 Brandon

Canadian Mennonite University <http://www.cmu.ca/> 204-487-3300 Winnipeg

CDI College Winnipeg Campus <http://www.cdicollege.ca/> 1-800-690-5822 Winnipeg

Manitoba Institute of Trades and Technology [mitt.ca/](http://mitt.ca/) 204-989-6434 Winnipeg

Providence University College - Christian University Education <http://www.providenceuc.ca/> 204-433-7488 Otterburne

Red River College [www.rrc.ca/](http://www.rrc.ca/) 204-632-3960 Winnipeg, Steinbach, Portage la Prairie, Winkler

Robertson College <http://www.robertsoncollege.com/> 204-926-8389 Winnipeg, Brandon

Steinbach Bible College <http://sbcollege.ca/> 204-326-6451 Steinbach

University College of the North <https://www.ucn.ca/> 204-627-8500 The Pas, Thompson, Swan River, Flin Flon

University of Manitoba <http://umanitoba.ca/> 1-800-432-1960 Winnipeg

University of Winnipeg <https://www.uwinnipeg.ca/> 204-786-7811 Winnipeg

Yellowquill College [www.yellowquill.org](http://www.yellowquill.org) 204-953-2800 Winnipeg

### COMPUTER TRAINING

#### CLASSES

Winnipeg Harvest (Winnipeg), <http://winnipegharvest.org/computer-courses/>

Winnipeg Public Library  
<http://guides.wpl.winnipeg.ca/lynda/computerbasicshttp://wpl.winnipeg.ca/library/pdfs/atthelibrary16.6.pdf>

Immigrant Centre (Winnipeg), <http://icmanitoba.com/free-computer-training/>

Computers for Academic Purposes (Winnipeg), <http://www.uwinnipeg.ca/gwc/programs-services/computer-classes.html>

Computers for Employment Purposes (Winnipeg), <http://www.uwinnipeg.ca/gwc/programs-services/computer-classes.html>

Success Skills Center (Winnipeg), <http://www.successskills.mb.ca/index.html>

Manitoba Start (Winnipeg), <http://manitobastart.com/career-and-employment-services/career-information-sessions.html>

WEST Centre (Winnipeg, Winkler, Flin Flon, The Pas, Swan River, Thompson, Brandon, Steinbach)  
[http://www.wem.mb.ca/west\\_centre\\_winnipeg](http://www.wem.mb.ca/west_centre_winnipeg)

Opportunities for Employment, [www.ofe.ca](http://www.ofe.ca)

PLURI-ELLES, <http://www.pluri-elles.mb.ca/>

Taking Charge! , <http://www.takingcharge.org/lab>

St. Norbert Adult Education Centre, [www.snaec.ca](http://www.snaec.ca)  
Computers for School Manitoba , <http://www.cfsi.mb.ca/apply>

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### ONLINE SELF-STUDY

GCL LearnFree.org <http://www.gcflearnfree.org/computers>  
Word tutorials [http://www.tutorialspoint.com/word\\_2010/](http://www.tutorialspoint.com/word_2010/)  
MS Excel tutorials [http://www.tutorialspoint.com/ms\\_excel\\_2010/index.htm](http://www.tutorialspoint.com/ms_excel_2010/index.htm)  
Getting Started with MS Office <http://office.microsoft.com/en-us/support/getting-started-with-office-2010-FX101822272.aspx>  
Goodwin College  
MS Word [http://www.goodwin.edu/computer\\_resources/PDFS/Word\\_2010\\_Tutorial.pdf](http://www.goodwin.edu/computer_resources/PDFS/Word_2010_Tutorial.pdf)  
MS Excel [http://www.goodwin.edu/computer\\_resources/PDFS/Excel\\_2010\\_Tutorial.pdf](http://www.goodwin.edu/computer_resources/PDFS/Excel_2010_Tutorial.pdf)  
Advanced Access, Excel and Word <http://www.freeofficetutorials.com/index.html>

### CREDENTIALS RECOGNITION

Foreign Credential Recognition  
Program [http://www.esdc.gc.ca/eng/jobs/credential\\_recognition/foreign/index.shtml](http://www.esdc.gc.ca/eng/jobs/credential_recognition/foreign/index.shtml)  
Government of Canada [http://www.esdc.gc.ca/en/foreign\\_credential\\_recognition/index.page](http://www.esdc.gc.ca/en/foreign_credential_recognition/index.page)  
International Qualifications Assessment Service  
(IQAS) <http://work.alberta.ca/immigration/international-qualifications-assessment-service.html>  
The Canadian Information Centre for International Credential <http://cicic.ca/927/Identify-the-organization-responsible-for-recognition/index.canada>  
WES Educational Credential Assessment (ECA) <http://www.wes.org/ca/fswp/>



## 4 LABOUR MARKET INFORMATION

### NOC CODE

Apprenticeship Manitoba <http://www.gov.mb.ca/wdis/apprenticeship/>  
 Canadian Alliance of Sector Councils <http://www.amsc.mb.ca/>  
 Canadian Federation of Independent Businesses (CFIB) <http://www.cfib-fcei.ca/english/index.html>  
 Children and Youth Opportunities – STEP Services Career Cruising <http://public.careercruising.com/en/>  
 CONTACT Community Services Directory <http://www.contactmb.org/>  
 Contact Point <http://contactpoint.ca/>  
 Economic Development Winnipeg <http://www.economicdevelopmentwinnipeg.com/>  
 Economic Development Winnipeg <http://www.economicdevelopmentwinnipeg.com/>  
 Employment and Social Development Canada (ESDC) <http://www.esdc.gc.ca/eng/home.shtml>  
 Glass Door <http://www.glassdoor.ca/index.htm>  
 Industry Canada <http://www.ic.gc.ca/eic/site/icgc.nsf/eng/home>  
 Ipsos <http://www.ipsos-na.com/news-polls/canada/>  
 Job Referral Service <http://www.gov.mb.ca/jrs/>  
 Jobs and the Economy – Industry Services <http://www.gov.mb.ca/tce/iwd/>  
 Jobs and the Economy – LMI and Labour Mobility <http://www.gov.mb.ca/tce/lmi/index.html>  
 Manitoba 2010 Labour Force Trends <http://www.gov.mb.ca/tce/lmi/trends/trends.html>  
 Manitoba Bureau of Statistics (MBS) <http://www.gov.mb.ca/mbs/>  
 Manitoba Employment by Industry [http://www.gov.mb.ca/tce/lmi/trends/employment\\_industry.html](http://www.gov.mb.ca/tce/lmi/trends/employment_industry.html)  
 Manitoba Government Job Opportunities: Internship, Recruitment and Development Opportunities <http://www.manitoba.ca/govjobs/info/programs.html>  
 Manitoba Labour Market Bulletins <http://www.esdc.gc.ca/eng/jobs/lmi/publications/bulletins/mb/mar2014.shtml>  
 Manitoba Labour Occupational Forecasts 2014 to 2020 <http://www.gov.mb.ca/tce/lmi/forecasts.html>  
 Manitoba's Top Employers <http://www.canadastop100.com/manitoba/>  
 Manpower Group [http://www.manpower.ca/mp\\_ca/en/Employers/Research-and-Insights.htm](http://www.manpower.ca/mp_ca/en/Employers/Research-and-Insights.htm)  
 National Occupation Classification System <http://www5.hrsdc.gc.ca/NOC/English/NOC/2011/Welcome.aspx>  
 Office of the Manitoba Fairness Commissioner <http://www.manitobafairnesscommissioner.ca/>  
 Our Opportunities are Here: Self Employment <http://www.gov.mb.ca/opportunities/self.careers.html>  
 Our Opportunities are Here: High Demand Occupations <http://www.gov.mb.ca/opportunities/highdemand.careers.html>  
 Statistics Canada <http://www.statcan.gc.ca/start-debut-eng.html>  
 University of Manitoba - Exploring Occupations <http://www.umanitoba.ca/student/counselling/careers.html>  
 Women's Enterprise Center <https://www.wecm.ca/>

Working in Canada/ Canada Job Bank <http://www.jobbank.gc.ca/home-eng.do?lang=eng>  
Workplace Education Manitoba (WEM) <http://www.wem.mb.ca/default.aspx>

### TOP EMPLOYERS

Aboriginal Peoples Television Network Inc. / APTN <http://aptn.ca/>  
Access Credit Union Limited <http://www.accesscu.ca/>  
Artis REIT <http://www.artisreit.com/>  
Assiniboine Credit Union Ltd. <https://www.assiniboine.mb.ca/>  
Bison Transport Inc. <http://www.bisontransport.com/BisonWeb2010/>  
Boeing Canada Operations Limited <http://www.boeing.ca/en/>  
Buhler Industries Inc. <http://www.buhlerindustries.com/>  
Cargill Limited <http://www.cargill.ca/en/index.jsp>  
Ceridian HCM <http://www.ceridian.ca/>  
Emergent BioSolutions <http://www.emergentbiosolutions.com/>  
Government of Manitoba <https://www.gov.mb.ca/>  
Great-West Life Assurance Company <http://www.greatwestlife.com/001/Home/index.htm>  
Investors Group Financial Services <http://www.investorsgroup.com/en/default.aspx>  
James Richardson & Sons, Limited <http://www.jrsl.ca/>  
Magellan Aerospace, Winnipeg <http://www.magellanaerospace.com/>  
Manitoba Agricultural Services Corp. <http://www.masc.mb.ca/masc.nsf/index.html?OpenPage>  
Manitoba Hydro <https://www.hydro.mb.ca>  
Manitoba Liquor & Lotteries <http://www.mbill.ca/>  
Manitoba Public Insurance Corporation <http://www.mpi.mb.ca/en/Pages/default.aspx>  
Misericordia Health Centre <http://www.misericordia.mb.ca/>  
Monsanto Canada Inc. <http://www.monsanto.ca/Pages/default.aspx>  
MTS Allstream <http://www.mts.ca/mts/about+mts+allstream>  
New Flyer Industries ULC <http://www.newflyer.com/>  
NYGÅRD International <http://www.nygard.com/>  
Pollard Banknote Ltd. <http://www.pollardbanknote.com/>  
Red River College <http://www.rrc.ca/>  
Seven Oaks General Hospital <http://sogh.ca/>  
Skybridge Americas, Inc <http://skybridgeamericas.com/>  
St. John's-Ravenscourt School <http://www.sjr.mb.ca/>  
True North Sports & Entertainment Ltd. <http://jets.nhl.com/club/page.htm?id=73012>  
Université de Saint-Boniface <http://ustboniface.ca/>  
University of Manitoba <http://umanitoba.ca/>  
Winnipeg Airports Authority Inc. <http://www.waa.ca/>  
Winpak Ltd. <http://www.winpak.com/en/home/>  
Workers Compensation Board of Manitoba <http://www.wcb.mb.ca/>

### TOP INDUSTRIES

Manitoba Employment by  
Industry [https://www.gov.mb.ca/tce/lmi/trends/employment\\_industry.html](https://www.gov.mb.ca/tce/lmi/trends/employment_industry.html) <http://www.economicd>

[developmentwinnipeg.com/resources/research/economic-indicators/employment-trends/by-industry](http://developmentwinnipeg.com/resources/research/economic-indicators/employment-trends/by-industry)

Advanced Manufacturing <http://www.economicdevelopmentwinnipeg.com/key-industries/advanced-manufacturing>; <http://www.gov.mb.ca/jec/profiles/trans2/index.html>

Aerospace <http://www.economicdevelopmentwinnipeg.com/key-industries/aerospace> ;<http://www.gov.mb.ca/jec/profiles/aerospace/index.html>

Agribusiness, Food Processing <http://www.economicdevelopmentwinnipeg.com/key-industries/agribusiness> ;<http://www.gov.mb.ca/jec/profiles/foodproc/index.html>

Biotechnology and Life Science <http://www.economicdevelopmentwinnipeg.com/key-industries/life-sciences> ;<http://www.gov.mb.ca/jec/profiles/biotech/index.html>

Creative Industries <http://www.economicdevelopmentwinnipeg.com/key-industries/creative-industries>

Electricity and Natural Gas <http://www.gov.mb.ca/jec/profiles/electric/index.html>

Energy and Environment <http://www.economicdevelopmentwinnipeg.com/key-industries/energy-and-environment> ; <http://www.gov.mb.ca/jec/profiles/environ/index.html>

Financial Services <http://www.economicdevelopmentwinnipeg.com/key-industries/financial-services>

Information Communications and

Technology <http://www.economicdevelopmentwinnipeg.com/key-industries/information-communications-and-technology> ; <http://www.gov.mb.ca/jec/profiles/infocom/index.html>

Mining and Minerals <http://www.manitoba.ca/iem/busdev/sector/index.html>

Tourism <http://www.economicdevelopmentwinnipeg.com/key-industries/tourism> ; <http://www.travelmanitoba.com/> ;<http://www.tourismwinnipeg.com/>

Transportation, Logistics and Distribution <http://www.economicdevelopmentwinnipeg.com/key-industries/transportation-and-distribution> ; <http://www.gov.mb.ca/jec/profiles/trans1/index.html>

### PROVINCIAL HIRING TRENDS

Job Market Trends and

News [http://www.jobbank.gc.ca/LMI\\_bulletin.do?cid=3373&AREA=0008&INDUSTRYCD=&EVENTCD=](http://www.jobbank.gc.ca/LMI_bulletin.do?cid=3373&AREA=0008&INDUSTRYCD=&EVENTCD=)

Manitoba Labour Market and Labour Mobility Information Manitoba's Labour Market <http://gov.mb.ca/tce/lmi/trends/index.html>

Manitoba Labour Market Occupational Forecasts 2014 to 2020 [https://www.gov.mb.ca/tce/lmi/pdf/labour\\_market\\_occup\\_report.pdf](https://www.gov.mb.ca/tce/lmi/pdf/labour_market_occup_report.pdf)

Manitoba prospects <https://www.gov.mb.ca/tce/lmi/prospects/>

Labour Market Bulletins <http://www.esdc.gc.ca/eng/jobs/lmi/publications//index.shtml>

## 5 EMPLOYABILITY SKILLS DEVELOPMENT

### SELF-ASSESSMENT AND CAREER PLANNING

Manitoba Career Development – A guide to Planning Your

Career [http://www.manitobacareerdevelopment.ca/CDi/docs/plan\\_your\\_career.pdf](http://www.manitobacareerdevelopment.ca/CDi/docs/plan_your_career.pdf)

Manitoba WorkInfoNet <http://mb.workinfont.ca/>

Working in Canada <http://www.jobbank.gc.ca/home-eng.do?lang=eng>

### EMPLOYMENT PROGRAMS

Employment Manitoba <http://www.gov.mb.ca/employment/index.html> 204-945-0575

Manitoba Start <http://manitobastart.com/> 204-944-8833

Immigrant Center- Employment Services <http://icmanitoba.com/services/employment-services/> 204-943-9969

Winnipeg Transition Center <http://www.winnipegtransitioncentre.com/> 204-338-3899

Opportunities for Employment <http://www.ofe.ca/default.asp> 204-925-3490

Volunteer Manitoba Inc. <http://volunteermanitoba.ca/> 204-477-5180

Success Skills Center <http://www.successskills.mb.ca/> 204-975-5111

Taking Charge! <http://www.takingcharge.org/> 204- 925-1100

Youth Employment Services <http://youthemploymentservices.com/> 204-987-8661

Life and Employability Enhancement Program 204-415-2232

Prairie Skills Employment Services

Project <http://www.prairieskillsinc.net/EmploymentServices.html> 204-747-2610

Third Quarter <http://www.thirdquarter.ca/en/> 1-855-286-0306

Reaching E-Quality Employment Services Inc. <http://www.re-es.org/> 204-832-7337

PATH Employability Centre <http://www.pathemployment.com/> 204-927-2300

Connect Employment Services Inc. <http://www.connectemployment.ca/> 204-474-1959

Edge Skills Center Inc. <http://www.edgeinc.ca/> 204-254-1618

Pluri-elles <http://www.pluri-elles.mb.ca/> 204-233-1735

SMD Services 204-975-3098

Youth Employment Network <http://www.aliciarae.com/s-yen.html> 204-975-1214

### RESUME DEVELOPMENT

#### RESUME

Career Development: Resume and Cover Letter

Builder <http://resume.manitobacareerdevelopment.ca/en/index.php>

15 terms you must include in your resume and 10 things that will get it tossed by Elizabeth

Bromstein <http://www.workopolis.com/content/advice/article/15-words-you-must-include-in-your-resume-and-10-things-that-will-get-it-tossed/>

#### COVER LETTER

5 Steps to an Incredible Cover Letter - Career

cake <http://www.bing.com/videos/search?q=career%20cake%20cover%20letter&qs=n&form=Q>

[BVR&pq=career%20cake%20cover%20letter&sc=0-12&sp=-1&sk=#view=detail&mid=CFCE90B734E7B22E5FBBCFCE90B734E7B22E5FBB](#)  
Do Canadian recruiters care about a cover letter? By Sharon  
Graham <http://careerprocanada.ca/canadian-recruiters-care-cover-letter/>

### INTERVIEW SKILLS DEVELOPMENT

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#### ARTICLES TO READ

How to Prepare for a Job Interview by WikiHow <http://www.wikihow.com/Prepare-for-a-Job-Interview>  
How To Ace The 50 Most Common Interview Questions by [Jacquelyn Smith](#)<http://www.forbes.com/sites/jacquelynsmith/2013/01/11/how-to-ace-the-50-most-common-interview-questions/>  
Ten Tough Interview Questions and Ten Great Answers by  
CollegeGrad <https://collegegrad.com/jobsearch/mastering-the-interview/ten-tough-interview-questions-and-ten-great-answers>

#### VIDEOS TO WATCH

Your Body Language Shapes Who You Are by Amy Cuddy  
[http://www.ted.com/talks/amy\\_cuddy\\_your\\_body\\_language\\_shapes\\_who\\_you\\_are](http://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are)  
How To Speak So That People Want To Listen by Julian Treasure  
[http://www.ted.com/talks/julian\\_treasure\\_how\\_to\\_speak\\_so\\_that\\_people\\_want\\_to\\_listen](http://www.ted.com/talks/julian_treasure_how_to_speak_so_that_people_want_to_listen)  
Talk Nerdy to Me by Melissa  
Marshall [http://www.ted.com/talks/melissa\\_marshall\\_talk\\_nerdy\\_to\\_me](http://www.ted.com/talks/melissa_marshall_talk_nerdy_to_me)  
How to Spot a Liar by Pamela  
Meyer [http://www.ted.com/talks/pamela\\_meyer\\_how\\_to\\_spot\\_a\\_liar](http://www.ted.com/talks/pamela_meyer_how_to_spot_a_liar)  
The Optimism Bias by Tali Sharot [http://www.ted.com/talks/tali\\_sharot\\_the\\_optimism\\_bias](http://www.ted.com/talks/tali_sharot_the_optimism_bias)

### NETWORKING SKILLS

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#### LINKEDIN

How to Use LinkedIn: 35 LinkedIn Tips for Professional Networking, Business &  
Marketing <http://blog.hubspot.com/blog/tabid/6307/bid/23454/The-Ultimate-Cheat-Sheet-for-Mastering-LinkedIn.aspx>  
8 Tips and Tricks for LinkedIn Power Users <http://mashable.com/2014/08/07/linkedin-tips-and-tricks/#suHnbutSNkqX>  
22 LinkedIn Secrets LinkedIn Won't Tell  
You <http://www.forbes.com/sites/williamarruda/2014/03/04/22-linkedin-secrets-linkedin-wont-tell-you/>  
15 LinkedIn Tips & Tricks <http://www.gottabemobile.com/2015/05/30/linkedin-tips-tricks/>  
LinkedIn Workshop

#### EVENTS

Professional Networking Meetups in Winnipeg <http://professional-networking.meetup.com/cities/ca/mb/winnipeg/>  
Winnipeg Networking Events <https://www.eventbrite.ca/d/canada--winnipeg/networking/>  
Networking Today <http://www.networkingtoday.com/networking-groups/MB/Winnipeg-11>

The Canadian Community Economic Development (CED) Network [https://ccednet-rcdec.ca/en/regional\\_networks/manitoba/events-en](https://ccednet-rcdec.ca/en/regional_networks/manitoba/events-en)  
Manitoba Marketing Network <http://mmn.onefireplace.org/events/>  
Business Network International (BNI) Manitoba <http://www.bnimanitoba.com/index.asp>  
International Association of Business Communicators (IABC) Manitoba <http://manitoba.iabc.com/events/>  
Manitoba Arts Network <http://www.manitobaartsnetwork.ca/>  
New Professionals Network <http://www.gov.mb.ca/csc/npn/>  
Manitoba Recognition of Prior Learning (RPL) Network <http://www.gov.mb.ca/csc/npn/>  
Futurpreneur Canada Networking <http://www.futurpreneur.ca/en/networking/>  
The Manitoba Chamber of Commerce Networking Events <http://www.mbchamber.mb.ca/events/>

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### MANITOBA SECTOR COUNCILS NETWORK OPPORTUNITIES

Information and Communication Technologies Association of Manitoba (ICTAM) <http://www.ictam.ca/events>  
Art and Cultural Industries (ACI) Association of Manitoba <http://www.creativemanitoba.ca/>  
Canadian Manufacturers and Exporters Association <http://www.cme-mec.ca/>  
Film Training Manitoba (FTM) <http://www.filmtraining.mb.ca/>  
Manitoba Environmental Industries Association (MEIA) <http://www.meia.mb.ca/>  
Manitoba Federation of Non-Profit Organizations Inc. <http://www.mfnpo.org/>  
Manitoba Food Processors Association (MFPA) <http://mfpa.mb.ca/>  
Manitoba Music <http://www.manitobamusic.com/>  
Life Science Association of Manitoba (LSAM) <http://www.lsam.ca/>  
Manitoba Print Industry Association <http://www.mpia.ca/>  
Manitoba Aerospace Association <http://mbaerospace.ca/>  
Manitoba Tourism Education Council <http://www.mtec.mb.ca/>  
New Media Manitoba <https://newmediamanitoba.com/>  
Northern Manitoba Sector Council <http://www.nmscouncil.ca/>  
Manitoba Construction Sector Council <https://www.mbcsc.com/>  
Manitoba Customer Contact Association <http://www.mcca.mb.ca/>  
Workplace Education Manitoba <http://www.wem.mb.ca/>

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### ETHNO-CULTURAL ORGANIZATIONS

African Communities of Manitoba Inc. (ACOMI) [www.acomi.ca](http://www.acomi.ca)  
Afro-Caribbean Association of Manitoba Inc. <http://www.afro-caribbean.org/>  
Argentinean Manitoban Association [www.argentinos.ca](http://www.argentinos.ca)  
Belgian Club [www.belgianclub.ca](http://www.belgianclub.ca)  
Canada-Bangladesh Association of Manitoba Inc. [www.cbamanitoba.org](http://www.cbamanitoba.org)  
Canadian Czech-Slovak Benevolent Association [www.czechslovakbenevolentassoc.ca](http://www.czechslovakbenevolentassoc.ca)  
Canadian Polish Congress [www.kpkmanitoba.ca](http://www.kpkmanitoba.ca)  
Canadian Slovenian Cultural Society [www.canadianslovenian.mb.ca](http://www.canadianslovenian.mb.ca)  
Casa Do Minho Portuguese Centre [www.casadominho.net](http://www.casadominho.net)  
Centre Culturel Franco-Manitobain [www.ccfm.mb.ca](http://www.ccfm.mb.ca)  
Colombian Association of Manitoba [www.asocolombiamanitoba.com](http://www.asocolombiamanitoba.com)  
Cuban Cultural Association of Manitoba [www.cubanosmanitoba.5u.com](http://www.cubanosmanitoba.5u.com)

Damas Peruanas en Winnipeg [www.conperutoronto.com](http://www.conperutoronto.com)  
Dutch Canadian Society of Manitoba [www.dcs-mb.org](http://www.dcs-mb.org)  
Ethiopian Society of Winnipeg [www.ethiowpg.org](http://www.ethiowpg.org)  
Free Vietnamese Association of Manitoba Inc. [www.vietfederaton.ca](http://www.vietfederaton.ca)  
German Society of Winnipeg [www.gswmb.ca](http://www.gswmb.ca)  
Ghanaian Union of Manitoba Inc. [www.ghanaunionmb.ca](http://www.ghanaunionmb.ca)  
Gujarati Cultural Society of Manitoba [www.gcsm.org](http://www.gcsm.org)  
Guyanese Association of Manitoba [www.guyanamb.ca](http://www.guyanamb.ca)  
Hindu Society of Manitoba [www.hindusocietyofmanitoba.org](http://www.hindusocietyofmanitoba.org)  
Hungarian Canadian Cultural Centre Tel: 204-582-0682  
Irish Association of Manitoba Inc. [www.irishassociation.ca](http://www.irishassociation.ca)  
India Association of Manitoba [www.indiaassociationofmanitoba.org](http://www.indiaassociationofmanitoba.org)  
Indochina Chinese Association of Manitoba Tel: 204-772-3107  
Italian Canadian League of Manitoba [www.cabotocentre.com](http://www.cabotocentre.com)  
Jamaican Association of Manitoba Tel: 204-786-5496  
Jewish Federation of Winnipeg [www.jewishwinnipeg.org](http://www.jewishwinnipeg.org)  
Korean Society of Manitoba [www.ksmanitoba.com](http://www.ksmanitoba.com)  
Laos Association of Manitoba Tel: 204-774-1115  
Lithuanian Canadian Community Tel: 1 204-885-4533  
Manitoba Chinese Community Centre [www.manitobachinese.ca](http://www.manitobachinese.ca)  
Manitoba Fellowship Organization (Turkish) [www.manitobafellowship.org](http://www.manitobafellowship.org)  
Manitoba Hellenic Cultural Centre (Greek) [www.stdemetrioschurch.com](http://www.stdemetrioschurch.com)  
Mex Y Can Association of Manitoba Inc. (Mexican) [www.mexycanmb.ca](http://www.mexycanmb.ca)  
Manitoba Somali Association Inc. Tel: 204-943-9555  
Manitoba Islamic Centre [www.miaonline.org](http://www.miaonline.org)  
Manitoba Japanese Canadian Cultural Centre [www.mjccc.org](http://www.mjccc.org)  
Paraguay Club Inc. [www.paraquayclubinc.ca](http://www.paraquayclubinc.ca)  
Philippine Canadian Centre of Manitoba Inc. [www.pccm.ca](http://www.pccm.ca)  
Polish Combatants Association Branch # 13 [www.pcaclub13.com](http://www.pcaclub13.com)  
Portuguese Association of Manitoba Tel: 204-783-5607  
Punjab Cultural Centre [www.punjabculturalcentre.com](http://www.punjabculturalcentre.com)  
Romanian Society of Manitoba <https://www.facebook.com/pages/The-Romanian-Society-of-Manitoba/144448698952327>  
Russian Cultural Association [www.russianmanitoba.ca](http://www.russianmanitoba.ca)  
Scandinavian Centre [www.scandinaviancentre.ca](http://www.scandinaviancentre.ca)  
Serbian Cultural Society [www.kolo-winnipeg.ca](http://www.kolo-winnipeg.ca)  
Sierra Leone Nationals Association of Manitoba- SALNAM Inc. [www.salnam.ca](http://www.salnam.ca)  
Societe Franco-Manitobaine [www.sfm.mb.ca](http://www.sfm.mb.ca)  
South Sudanese Communities of Manitoba Tel: 204-221-5759  
Spanish Club of Winnipeg Inc. [www.spanishclubofwinnipeg.ca](http://www.spanishclubofwinnipeg.ca)  
Sri Lankan Association of Manitoba [www.srilankanmb.org](http://www.srilankanmb.org)  
St. Andrew's Society of Winnipeg (Scottish) [www.standrews-wpg.ca](http://www.standrews-wpg.ca)  
Swiss Club of Manitoba [www.swissclubofmanitoba.blogspot.ca](http://www.swissclubofmanitoba.blogspot.ca)

Tamil Cultural Society of Manitoba [www.tcsminc.com](http://www.tcsminc.com)

Trinidad & Tobago Society of Winnipeg [www.tntwpg.com](http://www.tntwpg.com)

Ugandan-Canadian Association of Manitoba Inc. Tel: 204-253-4096

Ukrainian Cultural and Educational Centre [www.oseredok.org](http://www.oseredok.org)

Winnipeg Chilean Association Inc. <https://www.facebook.com/pages/Winnipeg-Chilean-Association-Inc/242381798904>

Winnipeg Chinese Cultural and Community Centre [www.wcccc.ca](http://www.wcccc.ca)

Winnipeg Salvadorean Canadian Cultural Association [http://amparo\\_y\\_jose.tripod.com/](http://amparo_y_jose.tripod.com/)

### SOFT, HARD & EMPLOYABLE SKILLS

Marketing Careers: 5 sites to develop and enhance your skills with free online courses <http://sherpablog.marketingsherpa.com/marketing-careers/5-sites-with-free-online-courses/>

Skills You Need <http://www.skillsyouneed.com/>

Free Skills Development Skills <http://blog.360mtg.com/?tag=free-skill-development-websites>

### ESSENTIAL SKILLS

Literacy and Essential Skills - [http://www.esdc.gc.ca/en/essential\\_skills/index.page](http://www.esdc.gc.ca/en/essential_skills/index.page)



### 6 BUSINESS DEVELOPMENT

SEED Winnipeg Inc. (Supporting Employment and Economic Development) <http://seedwinnipeg.ca/> 204-927-9935

Yes! Winnipeg - An Initiative within Economic Development Winnipeg Inc. [www.yeswinnipeg.com](http://www.yeswinnipeg.com) 204-954-1997

Futurpreneur Canada (formerly Canadian Youth Business Foundation) <http://www.futurpreneur.ca/en/programs/start-up/> 204-480-8481

Entrepreneurship Manitoba [www.manitoba.ca/emb](http://www.manitoba.ca/emb) 204-945-8200, 1-855-836-7250

Business Info Centre <http://www.wtcwinnipeg.com/> 204-984-2272, 1-800-665-2019

Business Start Loan Program <http://www.gov.mb.ca/ctt/emb/smbus/bsp/index.html>

Small Business Development Business Counselling (Entrepreneurship Manitoba -MB Jobs and the Economy ) <http://www.gov.mb.ca/ctt/emb/smbus/counselling.html> 204-945-8200

Business Development Bank of Canada [https://www.bdc.ca/en/contact\\_us/pages/form.aspx](https://www.bdc.ca/en/contact_us/pages/form.aspx), [www.bdc.ca](http://www.bdc.ca) 1-877-232-2269

Newcomer Program <http://www.futurpreneur.ca/en/programs/newcomer/> 204-480-8481

Women's Enterprise Centre (NGO) [www.wecm.ca](http://www.wecm.ca) 204-988-1860, 1-800-203-2343